



Getting a Fetal Alcohol Spectrum Disorder (FASD) Diagnosis for Your Child

With the Anchorage FASD Diagnostic Team

Why Get a Diagnosis?

If you suspect that your child might have a Fetal Alcohol Spectrum Disorder (FASD), getting a diagnosis can help you and others who interact with your child (such as teachers) to understand brain-based differences that may be impacting attention, behavior and learning. Ideally, the diagnosis information will help you and others emphasize your child's strengths and support them in their areas of difficulty.



Elizabeth, age 5

Seeking a diagnosis as early as possible in your child's life is VERY IMPORTANT!

Receiving vital services and supports as soon as possible can lead to significant positive changes, improve behavior and increase your child's opportunity to achieve the best outcome across his or her lifetime.

Referral Criteria

- Under 18 years old – preliminary assessment offered for 3 and under, full team assessment for 3 to 18.
- **Confirmed history of alcohol use during pregnancy is required**, and can come from documented history (like medical records or police reports) or first-hand knowledge from family members, friends or other sources.

Steps to Diagnosis with the Anchorage FASD Diagnostic Team

1. Submit referral form to FASDx Services via fax, mail or by dropping it off at our office – you can find the form on our website at www.fasdxservices.com.



Once we receive the referral:

2. **Fill out and turn in the intake packet to FASDx Services.** We will collect medical, school and behavioral health records.
3. Complete evaluation appointments with FASD Diagnostic Team Providers. All providers accept Medicaid and private insurance.
4. The Team Providers meet to discuss their evaluation findings, determine a diagnosis and create recommendations for referrals and supports for the client.
5. The Advanced Nurse Practitioner (ANP) and Parent Navigator meet with the family to present the final diagnosis summary.

About FASDx Services

FASDx Services LLC is the coordination and referral hub for the Anchorage FASD Diagnostic Team and is the primary point of contact for families seeking diagnoses.

The mission of the Anchorage FASD Diagnostic Team is to provide a quality diagnosis for individuals who have a history of prenatal alcohol exposure so that they have the opportunity for "FASD-informed" care.

Our vision is that, as a result of going through the diagnostic process, an individual can be helped to understand their strengths and challenges and can improve their life prospects when they receive the supports they may need.

FASDx Services Contact Information

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FASDx Services is supported by:



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